



LEVELS	AGE	DIVISION
Mini	7 years and under	Stunt Group
Youth	9 years and under	Stunt Group
Junior Prep	11 years and under	Stunt Group
Junior	13 years and under	Stunt Group
Senior Prep	15 years and under	Stunt Group
Senior	18 years and under	Stunt Group
Open	18 years and under	Stunt Group
Junior Partner Stunt	14 years and under	Partner Stunt
Senior Partner Stunt	18 years and under	Partner Stunt
Open Partner Stunt	18 years and out of HS	Partner Stunt

### **SUPERSTAR STUNT GROUP RULES:**

Time Limit: 1 minute maximum- routine may be performed to music. Groups may have 4-5 members and must all be females.

The participants must provide a spotter. The spotter must be a COACH. For safety purposes, you must provide a spotter who has proper knowledge of the routines and is capable of spotting the routine. No one will be allowed to compete without a proper spotter. The spotter may not help support or hold up a stunt and may not help with dismounts. There will be a 5 point penalty assessed each time a spotter assists in a group stunt routine.

For all skills allowed up to level 5, please visit the USASF guidelines.

<http://www.usasf.net/safetypage.asp>

## **PARTNER STUNT RULES:**

Time limit: 1 minute maximum- routine may be performed to music.

The participants must provide a spotter. The spotter must be a COACH. For safety purposes, you must provide a spotter who has proper knowledge of the routine and is capable of spotting the routine. No one will be allowed to compete without a proper spotter. The spotter may not help support or hold up a stunt. There will be a 5 point penalty assessed each time the spotter helps with the stunt. The spotter will be required to assist on all cradles and other dismounts.

Partner Stunt couples may be male/female or female/female.

For all skills allowed up to level 5, please visit the USASF guidelines.

<http://www.usaf.net/safetypage.asp>